

PREVENTIVE WELLNESS VISIT & VIP Physical



Basic Preventive Exam

- **Medical Evaluation**
 - Physical exam/Well Women Exam
 - Review preventive care plan/history
 - Hearing and vision screening
- **Preventive blood work**
 - Lipid panel (non pre-existing)
 - Glucose (non pre-existing)
 - PSA (if applicable)



Some insurance plans may not cover this exam at **100%**. Please refer to your plan benefits.

Clinix VIP Testing

(Not billed to insurance)

- **Basic Preventive Exam (TO THE LEFT)**
- **VIP Testing**
 - Resting ECG
 - Metabolic evaluation
 - Body composition
 - Muscular strength & flexibility
- **VIP diagnostic blood work**
 - Comprehensive metabolic panel
 - Vitamin D-25 Hydroxy
 - Thyroid stimulating hormone (TSH)
 - Complete blood count (CBC)
 - Urinalysis
- **VIP Lifestyle Management**
 - Your book of test results
 - Customized consult with our health coach

➤ **The VIP testing is not considered preventive care under most insurance plans, therefore, we offer a flat rate of \$289 for services above.**

Follow-Up visits with a medical provider to review results **are not** included in the Basic Preventive Exam or Clinix VIP Testing. This separate visit is subject to your insurance plan benefits (e.g. copay, deductible, coinsurance).

Preventive Wellness Visit

Your annual Preventive Wellness Visit consists of insurance covered preventive service based on the recommendations of the US Preventive Services Task Force.

FILL THE PREVENTIVE WELLNESS ASSESSMENT PRIOR TO YOUR VISIT:

{rokbox title=|Preventive Wellness Assessment|rokbox size=|80% 80%|}
https://patientlinkonline.com/mainform.aspx?parms=edZs2%2b0H44Q1d7Z8E%2bglwbRAvspV9dvWb%2fwuV%2fw8W5P57FmTcgT4UDcZbtQLUt5FwB04Ew%2f64SJV0nuaF%2bHi7CEX%2bSNmsPzuR%2fCihhrjAe0o8KZ9Z9xj64a9IzcODr6bVNEF86RZSZzw%2bKHSnbirZltuNleep8l%2f1E8P8fHZRil%3d{/rokbox}

Personalized HealthCare Recommendations

[Click Here for Recommendations](#)

[Medicare Annual Wellness Visit](#)

The CLINIX VIP Physical



The VIP Physical is a complete cardiovascular and musculoskeletal health check-up and recommendation program created for people who want to improve or attain their optimal level of personal health and performance.

CLINIX has created a medical diagnostic recommendation concept that utilizes a comprehensive network of medical, health and fitness disciplines to generate a real time picture of your current health condition and to formulate a plan for future improvements which includes a personalized VIP book report of findings, one-on-one follow up & individualized care plan, one-on-one Therapeutic Lifestyle Session with coach!

The Medical Evaluation and Blood Work will be billed to your insurance under your preventive benefits.

The VIP Physical cost of \$289 is for the additional VIP Testing, VIP Blood work, and VIP Lifestyle Management which includes a personalized VIP "Report of Findings" Book (example above)

The following additional tests will be performed as part of your VIP Physical:

VIP Testing

Resting ECG

Metabolic Evaluation

Muscular Strength and Flexibility Evaluation

Body Composition Evaluation (GOLD STANDARD = DEXA)

VIP Blood Work

Comprehensive Metabolic Panel

Thyroid Stimulating Hormone (TSH)

Complete Blood Count (CBC)

Vitamin D

Urinalysis

VIP Lifestyle Management!

Personalized "VIP Report of Findings" Book

One-on-one Therapeutic Lifestyle Session with Coach

VIP Physical "REPORT OF FINDINGS" Book sample:

Click to view a VIP "Report of Findings". Content Subject to change.



Following your testing, we will schedule you for your post-test report of your findings (please allow at least one hour for this appointment).

Your provider will present you with a VIP Physical "REPORT OF FINDINGS" BOOK where you will receive your personal wellness recommendations and diagnostic testing results.

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[Frequently Asked VIP Physical Questions](#)